

The Journal of Tamil Nadu Orthopaedic Association

TNOA welcomes scientific material for publication in the
Journal of Tamil Nadu Orthopaedic Association

Two copies of the manuscript along with print version in MS word on a CD and neat and clear illustrations should be submitted. In case one wishes to send articles on-line, it should be sent in word document format for written materials. Pictures must be sent in a C.D. only by post/courier.

Preparation of manuscript: Type manuscript on white bond paper 22 x 28 cm with liberal margins of at least 2.5 cm. Use double spacing including title page, abstract, text acknowledgements, references, tables and legends of illustrations. Begin each of the following sections on separate pages. Number pages consecutive, in the upper right corner of each page.

Title Page: The title page should contain

1. The title of the article, which should be concise but informative,
2. A short running head of foot line of no more than 40 characters,
3. First name, Middle and last name with initial of each author.
4. Name of Co author(s)
5. Name of department(s) and institution(s) to which the work should be attributed,
6. Disclaimers, if any
7. Name and address of author including phone number/mobile number and e-mail if any, for any clarifications.
8. The source of support in the form of grants, equipment, drugs, none or all of these.

Abstract: An informative abstract of about 150 words must accompany each manuscript, it should be suitable for use by abstracting journals and include data on the problem method and materials, results and conclusion.

Key (Indexing) terms: Below the abstract, provide and identify as such, three to ten key words or short phrases that may be published with the abstract and that will assist indexers in cross-indexing your article. Use terms from the medical subject heading list from the Index Medicis whenever possible.

Introduction: **Acquaint the readers with the problem and quote the most pertinent paper. Mention clearly the purpose of the work.**

Material and Methods: Explain in detail, elaborately and clearly, your clinical, technical or experimental procedures. Previously published methods should be cited only in appropriate references. **Mention the number of patients or cases in words e.g five patients instead of 5 patients.**

Results: Describe your findings without comment. Include a concise textual description of the data presented in tables, charts and figures. **Please prepare tables/charts as a separate document in word and send as separate folder without mixing up in the word document.**

Discussion: Comment on your results and relate them to those of other authors, define their significance for experimental research of clinical practice. Arguments must be well founded.

Tables: Tables should be self-explanatory and should supplement, not duplicate the text. Type each table on a separate sheet with double space. Number tables consecutively with a brief title for each. Give each column a short abbreviated heading. Place explanatory matter in footnotes. If you use data from another published or unpublished source, obtain permission and acknowledge fully. **Please prepare tables as a separate document in word and send as separate folder without mixing up in the word document.**

Illustrations: Use only those illustrations that clarify and increase understanding of the text. All illustrations must be numbered and cited in the text. Two black and white glossy print photographs of each illustration should be submitted. The following information should be typed on a gummed label and affixed to the back of each illustration; figure number, title of manuscript, Name of senior author, and arrow indicating top. Please do not write in ink at the back of the photograph. All illustrations have to be sent, as separate JPEG image files in a C.D. Colour pictures are also welcome.

A word on scanning or digital imaging: It is preferable to scan pictures in 300 dpi. If pictures already taken have to be chosen please use Photoshop and save as jpeg in minimum 300 resolutions. Digital images may be made in 3.0 or more mega pixels. This will help in prevention of distortion of pictures when enlarged.

Legends for illustrations: Type legends/captions for illustrations double - spaced, starting on separate page with arabic numerals corresponding to the illustrations.

References:

In the text should include only those that are important and have been studied in fully by the authors. References are a must for any article and those without references would be rejected.

Case Reports are welcome and such case reports and other short submission should be sent in the format of a full paper including and abstract and captions.

The articles may be sent to **Dr J Dheenadhayalan**, Editorial Secretary, Ganga Hospital, 313 Mettupalayam Road, Coimbatore 641043, INDIA, Ph No.91-422-2485000, Fax No.91-422-2451444, Email: tnoajournal@gmail.com, dheenu.dhayalan@gmail.com

Note: Kindly visit the official website of the Tamil Nadu Orthopaedic Association (www.tnortho.org) for details of submission of scientific material for publication in the Journal of Tamil Nadu Orthopaedic Association. We encourage case studies more than single case reports since the TNOA is aiming at making the journal a listed journal.

TNOA FELLOWSHIP SECRETARY'S REPORT

Respected teachers and dear friends,
Greetings to one and all.

It is the time of the year when our young Masters and Diploma orthopaedic surgeons travel outside our state in quest of knowledge.

This time our Annual Inland Travelling Fellowship will be at the

1. Department of Orthopaedics, Kasturba Medical College and Hospital, Manipal, for the Prof. A.J. Selvapandian TNOA travelling Fellowship and

2. Department of Orthopaedics, Amrita Institute of Medical Sciences, Kochi for the Dr. R. Muralidharan-Dr. M. Vanasekar TNOA Travelling Fellowship for D.Ortho Graduates.

Both centres are well known for their excellent faculty and outstanding research work in spine surgery, Arthroplasty, Arthroscopy & Sports injury, Hand injury, Microvascular surgery, Paediatric Orthopaedics and Trauma. I am very grateful to Prof Sharath Rao, Head of the Department of Orthopaedics, KMCH, Manipal and Pro. Chandrababu, Professor of Orthopaedics, Amrita Institute of Medical Sciences, Kochi, for having kindly consented for our Fellows' training.

The fellowship will be for two weeks in the month of January, 2014.

The fellows will have to maintain a log book during their training. One of the Fellows trained in each category should present a report about their training during the Annual General Body meeting in TNOACON, 2014 to be held in Chennai during February, 2014.

The selected fellows will be offered Rs. 10,000/- and free registration for the TNOACON, 2014, Chennai. Candidates who had already undergone TNOA Inland Fellowship are not eligible to apply for a second time. Only life members of TNOA can apply.

3. TNOA Prof. A. Subramaniam travelling foreign fellowship for orthosurgeons above the age of 50 years the criteria selection will be as per regular foreign fellowship which will happen once in two years. The person selected should complete his fellowship before the next announcement.

The filled in application forms must be sent in triplicate and must reach me on or before 1st of December, 2013. Xerox copies of proof for scientific paper presentations, publications and medals won must be sent along with the application.

I sincerely request all those who are eligible, to apply for these Fellowships since the Fellows who get selected will gain more knowledge and skills during their training.

I further request our teachers, senior colleagues, the TNOA executive committee members and office bearers of city & district Ortho clubs to encourage the members to apply for these prestigious fellowships of our association. Looking forward to a very good response from you all.

With warm regards,
Dr. G. Premnath
Fellowship Secretary, TNOA.

My Mailing Address is
Dr. G. Premnath,
Fellowship Secretary, TNOA.
Gurunathan Clinic, 2nd Main Street, Milk Market,
Shevapet, Salem – 636002.
Mail: drgpremnathortho@gmail.com



The Tamil Nadu Orthopaedic Association Elections Notice for the year 2013.

Elections to the following posts are to be held this year:

1. Vice President – 1 post.
2. Joint Secretary – 1 post.
3. EC Member – Madurai – 1 post.
4. EC Member – Coimbatore – 1 post.
5. EC Member – North Zone – 1 post.
6. EC Members – West Zone – 2 posts.
7. EC Member – East Zone – 1 post.
8. EC Member – Central Zone – 1 post.
9. EC Member – South Zone – 2 posts.

As per Rule 9.4 occupation of any previous Executive Committee posts in the Tamil Nadu Orthopaedic Association is a pre-requisite for contesting for the post of Vice-President and Joint secretary. Please provide evidence for the same. The appropriate nomination fee to be sent along with the filled up nomination forms is given below:

The schedule for this year's Election is as follows:

24-10-2013 - Last Date for filing nominations.

01-11-2013 - Last Date for withdrawal of nominations.

15-11-2013 - Dispatch of ballot papers.

07-12-2013 - Last date for dispatch of duplicate ballot papers and sending fresh ballot papers for changed addresses.

31-12-2013 - Last date for receipt of polled ballots.

05-01-2014 - Counting of votes at Chennai by Core Committee of TNOA.

08-02-2014 - Declaration of results in Annual General Body Meeting at Chennai.

All nomination forms have to be duly filled up with all appropriate details provided.

All Nominees have to send a passport size photograph along with a brief bio-data for half a page in A4 paper.

The filled up Nomination form along with the documentary proof of having been an executive committee member for TNOA in the past (only for the post of Vice-President and Joint Secretary this year) and a passport size photograph, brief bio data and the demand draft for the nomination fee should be sent to the Election Officer whose address is given below so as to reach on or before the last date for filing nominations.

Dr. Nalli R Uvaraj,

Election Officer – TNOA/ President Elect,
7 C, Old Tower Block, Nandanam Extension,
Chennai 600035.

Phone: 044-2431 2641

Mobile: 94440 32641

Email: nalliortho@gmail.com

The Tamil Nadu Orthopaedic Association – Elections 2013

Nomination Form

Name of the contestant :

Post for which contesting :

Life Membership Number :

Address :

Landline No.:..... Mobile No.:.....

Email Id. :

Nomination fees details : DD No.:..... Dated Amount.....

Bank :

Proposed by : Name : LM No.:.....

Signature :

Seconded by : Name : LM No.:.....

Signature :

For Contestants for the post of Vice-President & Joint Secretary:

Year of serving as EC Member :

Post held :

Please provide documentary evidence for the same.

Nomination fees : For Vice-President & Joint Secretary : Rs2000/, For other posts: Rs.1000/.

Nomination fees to be sent along with the application in the form of Demand draft drawn in favour of "Tamil Nadu Orthopaedic Association" payable at Chennai.

Consent & Declaration by the Candidate:

I, Dr..... hereby consent to contest for the post of of Tamil Nadu Orthopaedic Association.

I, Dr..... do hereby declare that the facts and details provided by me in the Nomination form are true. I also understand that if any of the facts or details are found to be false, my nomination will be rejected.

I agree to abide by the Code of Conduct for the Elections of TNOA. I also agree to abide by the rules and regulations of the Tamilnadu Orthopaedic Association and work for the uplift of the Association and will attend the required meetings and abide by the decisions of the Executive Committee and General Body..

Signature of the Contestant: Date:.....

Note:

1. Completed nomination forms along with the necessary enclosures to be sent to : Dr.Nalli.R.Uvaraj, 7 C, Old Tower Block, Nandanam Extension, Chennai – 600035, Mobile: 9444032641 so as to reach not later than 24.10.2013.
2. Nominations should be proposed and seconded by Life members of TNOA.
3. Enclosures include Demand draft for nomination fees, brief bio-data and passport size photo.
4. In addition to the above enclosures, the contestants for the post of Vice President and Joint Secretary should produce evidence for having been an EC member of TNOA in the past.
5. Nominations should be sent by post or courier only.
6. Nominations received after the last date (24.10.2013) will not be accepted.
7. Incomplete nomination forms will be summarily rejected.



TNOACON 2014

TNOACON by TNOA!



Be a Part of History

Yes, we invite you to be a part of this most important occasion when history will unfold itself and remain to stay forever when the Tamilnadu Orthopaedic Association will be conducting the TNOACON for the first time ever.

TNOA Office bearers will be directly managing this unique conference, which will focus on exclusive Interactive sessions, How I do it, Video Compilations, 'Let us solve it' apart from the mandatory sessions. Elaborate arrangement have been made to make use of the imposing venue Chettinad Health City in Kelambakkam on the Old Mahabalipuram.

With numerous attractions along the East Coast Road, fun and frolic will be in abundance to keep our families engaged.

The most important feature of this history will be the realisation of the long cherished dream to own a building, a home for one of the longest serving Associations. This dream will be possible only if every member of our Association contributes in some way or other towards the goal.

We invite every member of the TNOA to register for the TNOACON 2014 in large numbers and complete the history of being the most attended Conference of all times.

Welcome to your family members too as we would not be what we are today if not for their contributions.

Let us join hands in making this event the most important and fruitful!



Dr. R. Selvaraj
President, TNOA &
Organising Chairman



Dr. Nalli R Uvaraj
President Elect, TNOA &
Organising Secretary



TNOACON'2014 – Video presentation

Dear Member

It has been planned by the Scientific committee of TNOACON'2014 to have video presentation of “How I do it”.

Many senior members of our association have an unique way of dealing with complicated problems from closed pinning of Supracondylar fractures to management of an unstable trochanteric fracture. It will be very easy to understand when it is presented as a video than many lectures and reading books.

Hence I request the members to record and send in their videos which will be screened in the conference continuously and the author will be able to clarify the procedure once.

The scientific committee will select the procedure to be shown during the conference. Please start recording and send in your entries at the earliest

Dr V Singarvadivelu
Secretary, TNOA

International Conference on Cartilage problems and management

Dear Friends,

Greetings!!!

The Indian Cartilage Society and the Asian Cartilage Repair Society are conducting an International Conference on Cartilage problems and management at Chennai , on 9th and 10th November 2013 at Fisherman's Cove.

The first ever cadaver course on cartilage issues is being conducted on the 8th at SRMC.

However the Cadaver seats are full. Currently only waitlisting being done. We have planned many round table discussions, interactive sessions, breakfast session apart from faculty lectures.

For registration forms - Contact details below.

Warm regards,
Dr P Rajasekar
Organising Secretary
9841022260
drrajasekar@gmail.com
Forms are available at www.icartilage.in

CHENNAI ZONE

Dr. Annamalai Regupathy, Dr. P. Balakrishnan,
 Prof. Nalli R Uvaraj - President, Madras Orthopaedic Society
 Prof. B. Pasupathy - Secretary, Madras Orthopaedic Society

Madras Orthopaedic Society CME was conducted on 04.08.2013 by Prof. R. H. Govardhan at Vasanthi Orthopaedic Hospital.

CME on Hip disease was conducted on 26.08.2013 by Prof. Ismail at Madras Medical College.

CME on Total Knee Arthroplasty was conducted on 28.08.2013 by Prof. M. Rajasekar at Madras Medical College.

CME on foot deformity was conducted on 01.09.2013 by Prof. B. Pasupathy at Madras Medical College.

CME on Spine deformity management was conducted on 15.09.2013 by Prof. S. Ramesh Babu.

The Mega MOS dinner meet for family members was conducted on 04.08.2013.

MADURAI ZONE

Dr. K. P. Saravanakumar
Dr. P.V. Thirumalai Murugan

INTRUCTIONAL COURSE SPINE – ICS 2013 - KODAI organised by Madurai Spine Club was held from 16-18, August 2013 at Carlton Hotel, in association with ASSI and AO spine. 250 participants attended. 3 foreign faculty and more than 25 national faculty handled the sessions.



Madurai Orthopaedic Society conducted its regular mothly meeting on First Saturday of every month.



PRESS MEET



Independence Day Celebrations